




taos high school

Nutrition Zone

May 2009



May 4, 2009	May 5, 2009	May 6, 2009	May 7, 2009	May 8, 2009
<p>Breakfast Cereal & Cheese Wedge Toasted English Muffin</p> <p>Choice of Lunch Entrée MEATBALL SUB SANDWICH Oven Baked Potato Rounds</p> <p>PORK BURRITO Pinto Beans LASAGNA Green Beans Homemade Bread Green Beans</p> <p>Other Lunch Choices: Chilled Applesauce Fresh Veggies LF Milk</p> <p>After School Program Pretzels & Veggie Sticks</p>	<p>Breakfast Breakfast Wrap Cereal & Cheese Stick</p> <p>Choice of Lunch Entrée GREEN CHILI CHICKEN ENCHILADAS Pinto Beans /WW Bread</p> <p>GREEN CHILI CHEESEBURGER Oven Baked Potato Rounds DELI TURKEY BREAD SAND Oven Baked Potato Rounds</p> <p>Other Lunch Choices: Vegetable Slices Fruit Jello WW Roll LF Milk</p> <p>After School Program Cheese Crackers & Fresh Veggie Slices</p>	<p>Breakfast Sausage Biscuit Cereal & Yogurt</p> <p>Choice of Lunch Entrée SPAGHETTI & MEAT SAUCE Steamed Italian Vegetables & WW Breadsticks</p> <p>SPICY CHICKEN SANDWICH WW BUN & Oven Baked Fries BEAN BURRITO Salsa & Tossed Green Salad</p> <p>Other Lunch Choices: Chilled Pears Fresh Veggies LF Milk</p> <p>After School Program Yogurt Cup & Raisins</p>	<p>Breakfast Bagel & CreamCheese Cereal & Cinnamon Goldfish Graham</p> <p>Choice of Lunch Entrée TURKEY SANDWICH on Homemade WW Roll Sandwich Veggies</p> <p>HOMEMADE PIZZA Green Salad CHICKEN FAJITAS Spanish Rice & Salad</p> <p>Other Lunch Choices: Chilled Peaches Fresh Vegetables LF Milk</p> <p>After School Program Fruit & Cheese Wedge</p>	<p>Breakfast Breakfast Burrito Cereal & Cheese Stick</p> <p>Choice of Lunch Entrée BIG DADDY PEPPERONI PIZZA with Green Salad</p> <p>BIG DADDY CHEESE PIZZA with Green Salad CHEF'S SALAD with Homemade Bread VEGETARIAN CHEF'S SALAD with Whole Wheat Roll</p> <p>Other Lunch Choices: Chilled Mixed Fruit Fresh Veggies LF Milk</p> <p>After School Program Grammy Bears & Cauliflower & Ranch Dressing</p>
May 11, 2009	May 12, 2009	May 13, 2009	May 14, 2009	May 15, 2009
<p>Breakfast Cereal & Cheese Wedge Breakfast Wrap</p> <p>Choice of Lunch Entrée HAMBURGER on WW Bun Oven Baked Potato Rounds TOASTED HAM/CHEESE SANDWICH & HOMEMADE VEGETABLE SOUP</p> <p>GREEN CHILI CHICKEN ENCHILADAS Pinto Beans & Chilled Fruit</p> <p>Other Lunch Choices: Chilled Pears Salad Bar Veggies LF Milk</p> <p>After School Program Cheese Crackers & Fruit</p>	<p>Breakfast Breakfast Pizza Cereal & Cheese Wedge</p> <p>Choice of Lunch Entrée CORN CHIP PIE & Warm Tortilla or Cornbread HAM & CHEESE SANDWICH Baked Potato Wedges</p> <p>CHICKEN NUGGETS Baked Potato Wedges</p> <p>Other Lunch Choices: Chilled Peaches Fresh Sliced Veggies LF Milk</p> <p>After School Program Yogurt Cup & Carrot Sticks</p>	<p>Breakfast Sausage Biscuit Cereal & Yogurt</p> <p>Choice of Lunch Entrée HOMEMADE PIZZA Green Salad</p> <p>BBQ BEEF SANDWICH Oven Baked Potato Rounds BEEFY MACARONI Green Beans</p> <p>Other Lunch Choices: Chilled Pears Fresh Veggies LF Milk</p> <p>After School Program Turkey Sandwich & Raisins</p>	<p>Breakfast Bagel & CreamCheese Cereal & Cinnamon Goldfish Graham</p> <p>Choice of Lunch Entrée HOMEMADE VEGETABLE SOUP & GRILLED CHEESE SANDWICH SOFT TACOS Pinto Beans & Green Salad BEEF DIPPERS w/dipping sauce Oven Baked Potato Rounds</p> <p>Other Lunch Choices: Chilled Peaches Fresh Vegetables LF Milk</p> <p>After School Program Apple & Cheese Wedge</p>	<p>Breakfast Breakfast Burrito Cereal & Cheese Stick</p> <p>Choice of Lunch Entrée BIG DADDY PEPPERONI PIZZA with Green Salad</p> <p>BIG DADDY CHEESE PIZZA with Green Salad CHEF'S SALAD with Homemade Bread VEGETARIAN CHEF'S SALAD with Whole Wheat Roll</p> <p>Other Lunch Choices: Chilled Mixed Fruit Fresh Veggies LF Milk</p> <p>After School Program Grammy Bears & Cauliflower & Ranch Dressing</p>
May 18 2009	May 19 2009	May 20, 2009	May 21, 2009	May 22, 2009
<p>Breakfast Managers Choice</p> <p>Choice of Lunch Entrée MANAGERS CHOICE</p> <p>After School Program Managers Choice</p>	<p>Breakfast Managers Choice</p> <p>Choice of Lunch Entrée MANAGERS CHOICE</p> <p>After School Program Managers Choice</p>	<p>Breakfast Managers Choice</p> <p>Choice of Lunch Entrée MANAGERS CHOICE</p> <p>After School Program Managers Choice</p>	<p>Breakfast Managers Choice</p> <p>Choice of Lunch Entrée MANAGERS CHOICE</p> <p>After School Program Managers Choice</p>	<p>Breakfast Managers Choice</p> <p>Choice of Lunch Entrée MANAGERS CHOICE</p> <p>After School Program Managers Choice</p>
May 25, 2009	May 26, 2009	May 27, 2009	May 28, 2009	May 29, 2009
<p>NO SCHOOL MEMORIAL DAY</p> 	<p>Breakfast MANAGERS CHOICE</p> <p>Choice of Lunch Entrée MANAGERS CHOICE</p>	<p>Breakfast MANAGERS CHOICE</p> <p>Choice of Lunch Entrée MANAGERS CHOICE</p>	<p>Breakfast MANAGERS CHOICE</p> <p>Choice of Lunch Entrée MANAGERS CHOICE</p>	<p>Breakfast MANAGERS CHOICE</p> <p>Choice of Lunch Entrée MANAGERS CHOICE</p> <p>HAVE A GREAT SUMMER!!!</p> 